

Advancing Practice: Health Promotion and Community Social Care Work

7.1 Module Overview								
Module Number		Module Title	Advancing Practice: Health Promotion and Community Social Care Work					
Stage of Principal Programme		Award	Semester	2	Duration. (Weeks F/T)	12	ECTS	5
Mandatory / Elective (M/E)	E	Hours of Learner Effort / Week	2					
Analysis of required hours of learning effort								
Teaching and Learning Modalities					✓if relevant to this module	Approx. proportion of total (hours)		
Contact Hours								
In person face-to-face					✓	24		
Synchronous								
Indirect/Non-Contact Hours								
Asynchronous								
Work Based								
Other:					✓	101		
<ul style="list-style-type: none"> Independent reading, engagement with VLE, research and preparation of assessments 								
Total						125		

Pre-Requisite Module, if any. Module # and Title	N/A	
Co-Requisite Module, if any. Module # and Title	N/A	
Maximum number of learners per instance of the module	60	
Specification of the qualifications (academic, pedagogical and professional/occupational) and experience required of staff working in this module.		
Role e.g., Tutor, Mentor, Lecturer, Research Supervisor, etc.	Qualifications & experience required	Staff - Learner Ratio X:Y
Lecturer	A minimum Level 9 qualification in the relevant discipline or a closely cognate area. Staff delivering material on this module should have experience of working within community social care services.	1:60

Assessment Techniques – percentage contribution			
Continuous Assessment	100%	Proctored Exam – in person	Practical Skills Based
Project		Proctored Exam - online	Work Based
Capstone (Y/N)?	N	If Yes, describe	

7.2 Minimum Intended Module Learning Outcomes (MIMLOs)	
MIMLO - On completion of this module a learner will be able to:	Related MIPLO #
1. Identify barriers to positive mental health and analyse the impact of poor mental health on the individual and the community	1
2. Identify and discuss strategies to maintain positive well-being in the community	2

3. Demonstrate an awareness of the ongoing interventions available for individuals with mental health difficulties and substance misuse and addiction issues	4, 5, 7
4. Engage with health promotion approaches and apply best practice in working with individuals with mental health difficulties/substance misuse and addiction issues	3

7.3 Indicative Module Content, Organisation and Structure

This module offers learners the opportunity to focus on understanding working with individuals, groups and communities from a health promotion perspective, to promote health and wellbeing.

The module offers awareness and recognition of health and well-being challenges in contemporary society and the promotion of positive approaches to support those living with these challenges. Learners will gain knowledge around breaking down barriers to positive mental health, including issues of addiction and substance misuse. They will also gain the ability to identify supports and implement strategies for well-being for those with addiction or for substance misuse. Module content will focus on:

Principles for Health Promotion;

- Determinants of health
- Ottawa Charter
- Policies and legislation
- Biopsychosocial model
- Ecological model

Tools and strategies to promote health and well-being in communities affected by mental health issues, substance misuse and, or addiction;

- Mental Health Promotion
- Recovery focussed practices, including the Recovery model
- WRAP (Wellness Recovery Action Plan)

Information on the supports and resources available to communities and the responses by government and other agencies to such issues;

- Community based services and initiatives.
- Community development and community well-being

7.4 Work-based learning and practice-placement (if applicable)

N/A

7.5 Specific module resources required (if applicable)

Link with HSE Health Promotion programmes (for example, ASIST, Safe Talk, Mental Health First Aid)
 Experiential day trips promoting positive health (for example, blue space, green space, social farming)

7.6 Application of programme teaching, learning and assessment strategies to this module

Teaching and Learning objectives:

- Promotion of deep learning through small group teaching, facilitation, role-play, and prescribed readings
- Support of inclusive teaching through placing an equal emphasis on 'knowledge, skill and competence' in the delivery of this module. The Determinants of health discussion provides the opportunity to express opinions and to participate fully in the discussion and debate.
- Provide opportunities for collaborative learning by modelling best practice approaches to health promotion through engagement with key tools in place, e.g.: WRAP (Wellness Recovery Action Plan)
- Encourage research-informed teaching by gaining knowledge of the sector and its responses to key stakeholders through engagement with fieldtrips and Community based services and initiatives.

Assessment

This module will be assessed by two assignments based around in practice real world tools and processes.

7.7 Summative Assessment Strategy for this module		
MIMLOs	Technique(s)	Weighting
1, 2, 3	Written assessment – Complete a fictitious funding application from the perspective of a small community-based organisation	60%
4	Create and critique a self-management plan for health and wellbeing based on a CASE example – (WRAP)	40%

7.8 Sample Assessment Materials
<p>Fictitious Funding Application Form</p> <p>Marking of assessments will be in line with the Marking Assessment Guidelines as outlined in Section 3.3 of the College’s Regulations in Relation to Assessment and Standards unless otherwise indicated.</p>

7.9 Indicative reading lists and other information resources
<p>Indicative Core Reading</p> <p>Barry, M. M., Clarke, A. M., Petersen, I. and Jenkins, R. (eds.) (2020). <i>Implementing Health Promotion</i>, (2nd edition). New York: Springer.</p> <p>Government of Ireland (2020). <i>Sharing the Vision: A Mental Health Policy for Everyone</i>. [Online] Available at: https://www.gov.ie/en/publication/2e46f-sharing-the-vision-a-mental-health-policy-for-everyone/</p> <p>Government of Ireland (2023). <i>Sláintecare</i>. [Online] Available at: https://www.gov.ie/en/campaigns/slaintecare-implementation-strategy/</p> <p>Health Service Executive (2023). <i>Healthy Ireland</i>. [Online] Available at: https://www.hse.ie/eng/about/who/healthwellbeing/healthy-ireland/</p> <p>Wills, J. (2022). <i>Foundations for Health Promotion</i>, (5th edition). London: Elsevier.</p> <p>Recommended websites</p> <p>Health Service Executive: www.hse.ie</p> <p>Mental Health Commission: www.mhcirl.ie</p> <p>Mental Health Ireland: www.mentalhealthireland.ie</p> <p>National Disability Authority: www.nda.ie</p> <p>World Health Organisation: www.who.int</p>