Clinical Psychology

Section A: Headline Information	
Module title	Clinical Psychology
Module NFQ level (only if an NFQ level can be demonstrated)	7/8
Module number/reference	TBC
Module Co-ordinator	Dr Susan Ní Chuileann
Parent programme(s)	BA (Honours) in Arts and Humanities
Stage of parent programme	3
Semester (semester1/semester2 if applicable)	2
Module credit units (FET/HET/ECTS)	ECTS
Module credit number of units	5
List the teaching and learning modes	Lectures
Entry requirements (statement of knowledge, skill and competence)	Successful completion of Stage 2 of the programme or equivalent is required.
Pre-requisite module titles	Stage 3: Abnormal Psychology
Co-requisite module titles	N/A
Is this a capstone module? (Yes or No)	No
Specification of the qualifications (academic, pedagogical and professional/occupational) and experience required of staff (staff includes workplace personnel who are responsible for learners such as apprentices, trainees and learners in clinical placements)	Module co-ordinators, lecturers and tutors must have a minimum Level 9 qualification in Psychology
Maximum number of learners per module	60
Duration of the module	1 Semester
Average (over the duration of the module) of the contact hours per week (see * below)	2
Module-specific physical resources and support required per centre (or instance of the module)	Lecture Hall, Library, IT Resources
Analysis of required learning effort	
***Effort while in contact with staff**	

Classroom and demonstrations		Mentoring and small-group tutoring		Other (specify)		Directed e-learning (hours)	Independent learning (hours)	Other hours (specify)	Work-based learning hours of learning effort	Total effort (hours)
Hours	Minimum ratio teacher/learner	Hours	Minimum ratio teacher/learner	Hours	Minimum ratio teacher/learner					
24	1: 10						101: 65 hours Self-directed study and reading 36 hours assessment prep and writing			125 hours

Allocation of marks (within the module)

	Continuous assessment	Supervised project	Proctored practical examination	Proctored written examination	Total
Percentage contribution	100%				**100%**

Section B: Module Descriptor	
Rationale for Inclusion of the Module in the Programme and its Contribution to the Overall IPLOs	Abnormal and Clinical Psychology is the study of brain dysfunctions that cause irregular behaviours, like those exhibited by patients with obsessive-compulsive disorder and schizophrenia. Major names in History, such as Winston Churchill, Abraham Lincoln and possibly Adolf Hitler would have had disorders such as depression, bipolar and other mood altering problems. Likewise, significant characters in English Literature such as Heathcliff, or the wife of Scott Fitzgerald suffered from major disorders of the mind. Accordingly, the rationale for including Abnormal Psychology in the Arts and Humanities Programme rests in its ability to deepen the learner's breath of knowledge across the core disciplines. The objectives are twofold, with the first aiming to enhance the learners career pathway in the discipline of Psychology through the building of relevant ECTS. The second is to introduce the learner on the Arts and Humanities Programme a deep knowledge of important concepts such as anxiety disorders, post-traumatic stress

	disorder, depression, obsessive-compulsive disorder, eating disorders, sexual disorders, personality disorders, bipolar personality and schizophrenia. The learner will also be introduced to skill sets such as diagnosis procedures and treatments, along with the ethical implications to assisting patients with abnormal psychological disorders.
Module Aims and Objectives	The aim of this module is to provide the learner with an appreciation and understanding of human behaviours that impair a person's ability to function in daily life. One objective is to introduce the learner to personality and intelligence tests, interviews, patient observations and written case studies. This module further aims to engage the learner across historical figures, characters from the Literature, Media and Arts with disorders, as well as the philosophical ethical issues surrounding the treatment of persons with these disorders.
Minimum Module Learning Outcomes	On successful completion of this module, learners should be able to: 1. Compose a successful abstract for a Psychological Report. (MIPLO 2, 3, 5) 2. Present a formal written report on a psychological disorder as per PSI Guidelines. (MIPLO 1-5) 3. Critically evaluate the use of the DSM-V in diagnosing and treating individuals with a psychological disorder. (MIPLO 2, 3, 7, 8) 4. Understand the ways the media portray psychological disorders and the advantages and disadvantages of same. (MIPLO 1, 4, 6, 8)
Information Provided to Learners about the Module	College Prospectus specifies module name, stage and ECTS. College website and programme handbook to contain (in addition to above) short description of module content, module learning outcomes, prerequisite modules, and assessment mechanisms. Module handbook to contain (in addition to above) schedule of classes and topics, detailed assessment information with titles and submission dates, full bibliography and list of learning resources. Diploma Supplement contains module name, code, stage and ECTS.
Module Content, Organisation and Structure	**Specific Issues in Clinical Psychology** Somatoform Disorders • Prevalence, aetiology and treatment of these disorders • What is hypochondria? • Prevalence, aetiology and treatment of hypochondria • What is body dysmorphic disorder? • Prevalence, aetiology and treatment of BDD • What is Conversion disorder? • Prevalence, aetiology and treatment of Conversion Disorder • Summing Up Schizophrenia • Explaining Schizophrenia • The DSM diagnostic criteria for this disorder • Alternative view of symptoms

- Deconstructing this disorder
- The possible causes of Schizophrenia
- Are we born that way?
- Is it in our chemical and biological makeup?
- Do drugs cause it?
- What is the psychology of Schizophrenia?
- Treating this disorder
- Summing Up

Anxiety Disorders
- Simple Phobias
- Generalised Anxiety Disorders
- Panic Disorder
- Obsessive Compulsive Disorders (OCD)
- Prevalence, aetiology and treatment of Anxiety Disorders
- Summing Up

Mood Disorders
- What is Major Depression?
- Understanding Suicide
- Seasonal Affective Disorder (SAD)
- Bipolar Disorder
- Prevalence, aetiology and treatment of Mood Disorders
- Summing Up

Sexual Disorders
- Explaining dysfunction
- Explaining Vaginismus
- Let us look at the paraphillas
- Paedophilia and its criteria
- Prevalence, aetiology and treatment of Mood Disorders
- Summing Up

Personality Disorders
- What is personality
- A Dimensional approach
- A Cognitive Approach
- Borderline Personality Disorder
- Antisocial Personality Disorder
- Prevalence, aetiology and treatment of Mood Disorders
- Summing Up

Eating Disorders
- Anorexia nervosa
- Bulimia nervosa
- Prevalence, aetiology and treatment of Mood Disorders
- Summing Up

Addictions

	- Drugs and drug dependence - Alcohol and alcohol dependence - Using Heroin - Gambling - Sex Addictions - Addicted to my screen - Summing Up
Module Teaching and Learning Strategy	This module will be delivered in a two-hour lecture format across twelve weeks. Typically, the first hour will deliver information while the second hour will be given over to: Debating what was just learned Writing up what was just learned Critiquing the methods used about what was just learned. The rationale for this teaching mode rests in the amount of information to be covered in this timeframe and in teaching the learner the correct method of Case Report Writing in Psychology. Moodle will be used each week to upload relevant articles, required reading and in some instances, links to essential viewing.
Work-Based Learning and Practice-Placement	N/A
E-Learning	N/A
Specifications for Module Staffing Requirements	Staff:Learner ratio is typical of the overall programme approach with a maximum of 60 learners Staffing requirements: 1 lecturer with teaching and/or research competence in the relevant area. However, as a cross-programme module, additional staff will be required where the maximum number of learners exceed the resources available.
Module Summative and Formative Assessment Strategy	This is a 20-80% CA task for the learner touching on all 4 MIMLOs. Building on what was learned across Psychology 1 and 2 and Abnormal Psychology, the learner is tasked with writing a 2,500-word report on the depiction of two disorders via the media (book, film, drama or historical/biblical writings). This needs to be written as per a Psychology Report Cover Page Abstract 250 words (20%) (MIMLO 1) Table of Contents Introduction Literature Review Methods used to Diagnose and Treat Conclusions References

	Total (2,500 words) (80%) (MIMLO 2, 3 and 4)
	This prepares the learner exiting at Stage 3 Level 7 with the ability to prepare case notes and report for Psychology positions in the workplace. It also prepares the continuing learner with a clear understanding of how a dissertation needs to be undertaken in Stage 4 of the BA (Hons) in Arts and Humanities.
	Learners will be assessed on different stages of the work every third week of the 12-week module.
	Stage 1 (week 3): Cover Page and chosen topic (i.e. mood/anxiety/eating or sexual disorders) Stage 2 (week 6): Start of Literature Review and References Stage 3 (week 9): Methods used to diagnose and treat the disorders and References Stage 4 (week 12): Submit Full Report
Sample Assessment Materials	As above
Reading Lists and Other Information Resources	**Essential Reading:** Bennett, P., *Abnormal and Clinical Psychology: An Introductory Textbook,* 3rd edn (UK: Open University Press, 2011) Foucault, M., *Madness and Civilisation* (New York: Pantheon Books, 1964) Kelly, B., *Hearing Voices. A History of Psychiatry in Ireland* (Dublin: Irish Academic Press, 2016) **Other Reading:** Notes on Moodle: - Psych Report Writing - Writing an abstract - Writing a Lit Review - Saving References - A successful Conclusion **Essential Viewing:** Media representations of mental health issues such as Girl Interrupted One Flew Over the Cuckoo's Nest Dancing at Lughnasa Newspaper headlines across the past two decades Lit such as Jane Eyre (Mrs Rochester), Hamlet, Faust I, Frankenstein etc.
Module Physical Resource Requirements	Lecture Hall with PowerPoint, DVD and internet access.