

Clinical Psychology & Mental Health

7.1 Module Overview									
Module Number		Module Title	Clinical Psychology and Mental Health						
Stage of Principal Programme			2	Semester	2	Duration. <i>(Weeks F/T)</i>	12	ECTS	5
Mandatory / Elective (M/E)	E	Hours of Learner Effort / Week	2						
Analysis of required hours of learning effort									
Teaching and Learning Modalities					✓if relevant to this module	Approx. proportion of total (hours)			
Contact Hours									
In person face-to-face					✓	24			
Synchronous									
Indirect/Non-Contact Hours									
Asynchronous									
Work Based									
Other:									
<ul style="list-style-type: none"> independent reading, engagement with VLE, research and preparation of assessments 					✓	101			
Total						125			

Pre-Requisite Module, if any. Module # and Title	N/A
Co-Requisite Module, if any. Module # and Title	N/A
Maximum number of learners per instance of the module	120
Specification of the qualifications (academic, pedagogical and professional/occupational) and experience required of staff working in this module.	
Role e.g., Tutor, Mentor, Lecturer, Research Supervisor, etc.	Qualifications & experience required
Lecturer	A minimum level 9 qualification in Psychology or closely cognate area
	Staff - Learner Ratio X:Y
	1:120

Assessment Techniques – percentage contribution				
Continuous Assessment	100%	Proctored Exam – in person		Practical Skills Based
Project		Proctored Exam - online		Work Based
Capstone (Y/N)?	N	If Yes, describe		

7.2 Minimum Intended Module Learning Outcomes (MIMLOs)	
MIMLO	Related MIPLO #
On completion of this module a learner will be able to:	
1. Understand the ways certain assessment tools can be used ethically in clinical psychology and how to score and analyse some basic assessment tools.	1, 2, 3, 4, 5
2. Understand the importance of multicultural competencies in practicing clinicians.	1, 2, 3, 5, 6, 8
3. Critically evaluate the applied research within the area of clinical psychology with a consideration of the ethical guidelines of the profession and extant research.	1, 2, 3, 5

7.3 Indicative Module Content, Organisation and Structure

The aim of this module is to provide the learner with an appreciation and understanding of human behaviours that impair a person's ability to function in daily life. One objective is to introduce the learner to personality and intelligence tests, interviews, patient observations and written case studies. The second is to introduce the learner to important concepts such as anxiety disorders, post-traumatic stress disorder, depression, obsessive-compulsive disorder, eating disorders, sexual disorders, personality disorders, bipolar personality and schizophrenia. The learner will also be introduced to skill sets such as diagnosis procedures and treatments, along with the ethical implications to assisting patients with abnormal psychological disorders.

Over the course of 12 weeks, the learner will cover a range of topics such as (but not exclusively):

Clinical Psychology Past and Present

- The roots and growth of Clinical Psychology
- The major approaches as they developed
- The advantages and limitations of taking a specific approach

Basic Features of Clinical Assessment

- Outlining the assessment process
- Clinical Judgement and decision-making
- Factors affecting assessment choices
- Communicating assessment results
- Ethical considerations in assessment
- Considering culture, gender, & religion in Clinical Assessment

Interviewing and Observation in Clinical Psychology

- Interview situations and interview structure
- Stages in the clinical interview
- Observational goals and benefits
- Approaches to observational assessments

Testing in Clinical Psychology

- Basic concepts in psychological testing, cultural fairness and bias
- Tests of intellectual functioning
- Tests of attitudes, interests, preferences and values
- Tests of psychopathy and personality

Clinical Interventions

- The goals of Clinical Interventions
- Ethical Guidelines for Clinical Interventions
- Practical aspects of Clinical Interventions
- Considering culture, gender & religion in Clinical Intervention

Psychodynamic and Humanistic Psychotherapies

- Psychoanalysis and psychodynamic psychotherapy
- Humanistic psychotherapy and other humanistic approaches

Behavioural and Cognitive Behaviour Psychotherapy

- Behaviour therapy
- Cognitive Therapy
- Cognitive-Behaviour Therapy

Other Modes of Clinical Intervention

- Group Therapy
- Couples and Family Therapy
- Community Psychology

- Prevention
- Self-Help
- Technological Innovations influencing Psychological Treatment
- Psychotherapy Integration

Clinical Child Psychology

- A brief history of Clinical Child Psychology
- Characteristics unique to Clinical Child Psychology
- Clinical Assessment and Children
- Specific Childhood Disorders
- Treatment and Prevention of Childhood Disorders
- The future of Clinical Child Psychology

The Future of Clinical Psychology

- Professional Training and Regulation

7.4 Work-based learning and practice-placement *(if applicable)*

N/A

7.5 Specific module resources required *(if applicable)*

N/A

7.6 Application of programme teaching, learning and assessment strategies to this module

This module will be delivered over 12 weeks, which consists of lectures (12) and tutorials (each learner will have 4 tutorials). The lecturer and tutor utilise research informed theories, analysis and critique in delivering the content. Tutorials provide an opportunity for learners to engage in discussion and develop their critical thinking and research skills. Group work in tutorials also provides opportunity to apply psychological theories and research to real world scenarios.

Assessments for this module consist of 2500-word essay worth 50%- and 2500 word learning log worth 50%.

Essay: The essay (weighted at 50%) will be an assignment to examine learners' research, academic writing, and referencing skills. Learners have the opportunity to demonstrate understanding of material and ability to compare, contrast and critique psychological theories (MIMLOs 1, 2, 3).

Learning Log: The learning log (weighted at 50%) will be a written piece based on topic choices such as:
Describe and evaluate the core competencies in assessment a Clinical Psychologist should possess.
Describe and evaluate the potential influence of a clinician's theoretical orientation.

This form of assessment encourages learners to describe, compare and critique the core psychological theories related to child developmental psychology to showcase their learning and understanding (MIMLOs 3, 4).

7.7 Summative Assessment Strategy for this module

MIMLOs	Technique(s)	Weighting
1, 2, 3	Essay. 2500 words	50%
3, 4	Learning Log, 2500 words	50%

7.8 Sample Assessment Materials

The Learning Log (50%)

2500 words describing their understanding of using and scoring one assessment tool of their own choice e.g., the GARS-3, the SCARED Form: Child and Parent version, 11-ITEM Kutcher Adolescent Depression Scale: KADS-11, or the Long Form Attachment Styles Questionnaire

The Essay (50%)

The learner is tasked with writing a 2500-word essay (50%) on topic choices such as:

- Describe and evaluate the core competencies in assessment a Clinical Psychologist should possess.
- Describe and evaluate the potential influence of a clinician's theoretical orientation.
- Explain and critique the ethical concerns and dilemmas that can be raised when clinicians conduct assessments.

Marking of assessments will be in line with the Marking Assessment Guidelines as outlined in Section 3.3 of the College's [Regulations in Relation to Assessment and Standards](#) unless otherwise indicated.

7.9 Indicative reading lists and other information resources

Indicative Core Reading:

Carr, A. and McNulty, M. (2016). *The handbook of adult clinical psychology: An evidence-based practice approach*. New York: Routledge.

Davey, G., Lake, N. and Whittington, A. (2015). *Clinical psychology* (2nd ed.). New York: Routledge.

Kramer, G. P. (2019). *Introduction to clinical psychology* (8th ed.). Cambridge, United Kingdom: Cambridge University Press.

Indicative Other Resources:

Readings from specific journals will also be included, such as:

- *International Journal of Clinical and Health Psychology*
- *Journal of Autism and Developmental Disorders*
- *Clinical Psychology: Science and Practice*
- *Journal of Clinical Psychology*